

CHECKLIST FOR AN AWESOME PROTEST

DAY OF:

- Inform** a friend or loved one who won't be at the protest – let them know you will be participating, and make a plan to check in with them when the action is over. Be sure they have your date of birth if you think you may be arrested.
- Wear** comfortable shoes and layers of clothing to adjust as needed during the protest.
- Don't bring** illicit drugs or anything that could be a weapon.
- Be clear-headed** as tensions and emotions can run high during the protest. Check in with yourself, and help each other to stay calm and focused on why it is that we have all come together – to fight collectively for public education!
- Pack** a light backpack or across-the-body bag. Good things to include:
 - Valid government issued ID (passport and I-20s for International Students)
 - Medication, ibuprofen, cough drops
 - Water and snacks
 - Cash
 - Handkerchief (can be soaked with water to ease breathing through teargas)
- Know the plan** for the day

JUST BEFORE:

- Write** National Lawyer's Guild's no. (212-679-6018) and an **emergency contact** on your arm with permanent marker.
- Find the Support team:** people with yellow armbands provide support for social, emotional and legal needs that arise during the protest; people with red crosses care for medical needs.
- Sign up for Twitter updates** via text message to 40404:
 - Follow @SupportOccuCUNY
 - Follow @OccupyCUNYGC
- Create an Affinity Group** with 2 or 3 friends or new acquaintances to be with during the protest. Exchange contact information with them so you can reconnect if you get separated and meet up afterward to confirm all are okay. Share your emergency contact and date of birth if you think you may get arrested. Consider that some of you may be more vulnerable to arrest or police harassment and brutality, so discuss what you can do to stand up for and support each other.

Meet Up Location: _____

Name: _____

Phone Number: _____

Name: _____

Phone Number: _____

CONTACT THE SUPPORT TEAM: occupycuny.gc@gmail.com (Write SUPPORT in Subject Line)

TWITTER: @SupportoccuCUNY

DURING:

- Sustain solidarity** with the larger march/rally – try hard to stick together, keep a collective pace, be festive, make friends, stay calm, and support each other.
- Stay with your group.** If the situation begins to escalate or becomes confrontational, check in with yourself before continuing, check in with your group and those around you. If you find yourself alone in this situation, form an affinity group on the spot by asking a couple of people around you if you can stay with them.
- Find a Support team person** (yellow armband or red cross) if you or anyone else needs help.
- Be aware** that sitting down and linking arms can be seen as resisting arrest. Going all-over limp is not.
- In a police confrontation note the officer's badge number.** Officers must always clearly display their identification numbers, or, if questioned, they must tell you this information.
- Report information about arrests** to the National Lawyers Guild: 212.679.6018 **AND** the OccupyCUNY Legal Working Group: 646.494.4650. Make sure you tell them the name, date of birth, and emergency contact person of the arrested person.

AFTER:

- Check in** with your group and your friend or family who did not come to the protest with you to let everyone know you are safe.
- Take time** to rest and decompress and care for yourself.
- Debrief** with other protestors about your experiences.
- Report information about arrests** to the National Lawyers Guild: 212.679.6018 **AND** the OccupyCUNY Legal Working Group: 646.494.4650.
- Contact the Support Team** if you need ANY help with processing the day, help with legal issues, or referrals to other services.

**CREATE A FUN AND PEACEFUL VIBE!
BE POETIC AND POLITICAL!
MAKE RAD SIGNS!
COME UP WITH CHANTS!
BRING SONGS AND MUSIC-MAKING
THINGS!
BE A COMMUNITY!**

**STRUGGLE AND CELEBRATE TOGETHER!
FIGHT *FOR* PUBLIC EDUCATION, AND AGAINST POLICE BRUTALITY!**

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